

Frosty 5k fun run/walk

Saturday December 11, 2010

Cedar Lee Middle School
11138 Marsh Road
Bealeton, Virginia

**Kids Fun Run
to Follow 5k
Ribbons to kids!**

9:15 walkers
9:30 run start



Sponsored by Soul Purpose Church, Bealeton, Va
BENEFITTING THE BEALETON COMMUNITY CENTER



Awards & Snacks to follow race

Awards to overall m/f and top 2 in 5 yr. age groups!

Printed Name: _____ **Age on race day:** _____

Address: _____ **Phone:** _____

Email: _____ **Male:** ___ **Female:** ___

Check one - 5k Walk: ___ **5k Run:** ___ **T-Shirt:** S ___ M ___ L ___ XL ___

Fee: \$15 up thru Friday, then Race day \$20
Walkers \$15 (not eligible for awards, not timed)
(Limited number of shirts)
Childrens fun run \$10 - Ribbons to all kids who finish

540-439-6098

Make checks payable to: Soul Purpose Church
Mail application to: P.O.Box 451, Bealeton, VA 22712



I know that running a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running or walking in this event including, but not limited to falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the following: Soul Purpose Church, Fauquier County Public Schools, Cedar Lee Middle School, its employees, the town of Bealeton, Culpeper Road Runners, the event organizers and volunteers involved in the safety of all participants, all Sponsors contributing to this event, the charity beneficiary of any or all funds, from all claims or liabilities arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person(s) named in this waiver. I understand that bicycles, skateboards, rollerskates or roller blades, animals and radios/headsets are not allowed in this event and I will abide by these guidelines.

Signature (Parent or Guardian if under 18)

Date